

MODULE

01

Neurobiology

Brain = Hard Drive



What fires together
WIRES TOGETHER





YOUR COURSE NAME HERE



Common 'Wiring' Viruses



- I am stupid
- Nobody cares
- I'm alone
- Nobody will ever love me
- Life is hard
- Money doesn't grow on trees
- You have to work hard in order to have enough

We attach the story...



- Memories of what happened
- Beliefs, decisions & strategies that we formed as a result of what happened.
- Project these onto our world
 - Attracting people and circumstances that confirm

Common 'Wiring' Viruses



- I am stupid
- Life is hard



Pre-Wiring from Parents



- Genetically pre-wired for key psycho-emotional patterns of your parents the night you were conceived.
- Something will happen
- You will immediately adopt the belief and emotional structure of your parents without much happening.





No. 01

NEUROPLASTICITY



When you Re-write your Story

YOU RE-WIRE THE BRAIN

