

Heather Elliott

Mindful Change Expert - Coach, Author & Speaker



Mindful Change Expert Heather Elliott works with people who want to free themselves to live a life they are excited to live by rewiring their brain - transforming outdated root stories, old thinking and emotional patterns



Presentation & Workshop Topics

Same Sh*t Different Day

What many believe is living life is nothing but a habit – repeating the same themes, meeting the same people; having the same conversations; encountering the same challenges over and over. Remove your auto-pilot, take back control and move forward full thrust and begin living a life you are EXCITED to live!

Your Mind as a Filmscript; Your Life as Reality TV

Your life is actually like a Reality TV program on television. YOU are the Director, the Producer, the Writer and the Lead character in your life. But you aren't taught HOW to be that Lead. Learn about the key to the Kingdom of Your Life – your MIND – and how to use it to create a life you are jazzed to live.

What Clients Have to Say...

"I got more out of Mindful Change in a year than I did from all those other programs over 10 years. That's why I'm so excited about it!" ~Ashley Ryan, HerSmartMarketing

"Heather Elliott knows her stuff. When you listen to Heather speak, you can feel the countless hours of study and knowledge emerging. Her mindset techniques help anyone meet their goals." ~Sandra Tisiot, Founder/President – Women In Business Conference

"What I like most about Heather's approach is that she moves beyond superficial theory and brings science into her work. In a very short time working with Heather, I could tell she has mastered her craft and has the science to back it up. In a world where everyone is a 'law of attraction expert', Heather stands out as being one who actually has the chops." ~Steve Lowell, International Speaker & Professional Speaking Mentor

Critical Mindset Strategies for Awakened Entrepreneurs

Success is much more than doing the right things, hanging out with the right people and making money. Success is an inside job that involves tapping into the natural abundance that is your birthright.

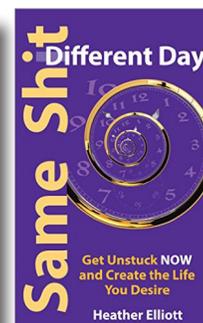
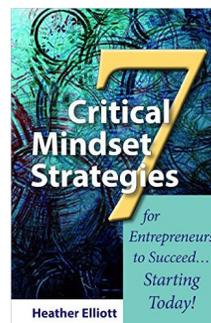
Choosing Love Over Fear

Humanity is changing; it's called ascension or evolution. As a species we are being called to become more than we have ever been before. What we need to be is a greater channel for love and to do that, we need to recognize the fear within us and consciously decide to use love instead. It is the lesson that we are here to learn. Sounds easy – but the reality is quite the opposite.

The Truth About Relationships

The problems you're having with your clients could well be the same problems you're having with your children and your spouse. Why? Because relationship issues have common roots and often, the problem starts with you. Learn how to take responsibility for what is happening in your world and empower yourself to change it.

Author of 2 books



/RelationshipCentre



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